



**Every Armed Forces  
Child Deserves to**

  
**thrive**

**How a gift in your Will could support  
future generations of Scotland's Armed  
Forces children and young people**

# WHY YOUR SUPPORT IS IMPORTANT

**You can help Armed Forces children and young people reach their full potential.**

Since 1815, RCET has been there to support Scotland's Armed Forces children while their parents are enduring dangers and hardships that we can hardly imagine, to protect our futures, and that of our loved ones.

A gift in your Will is an important way that you can support the sacrifices servicemen and women continue to make to keep our country safe.

We receive no regular government funding so our work supporting Armed Forces young people to reach their full potential relies on the generosity of people just like you, remembering us in their Wills, or supporting us in other ways.



## What's in a Will?

Your Will tells everyone what you want to happen to your money, property and possessions after you have gone. It is a way for you to take care of your loved ones, as well as a wonderful opportunity to remember causes that you care about.

Should you decide to remember us in your Will, any gift large or small, will help us to support Armed Forces children, and their families.

### **There are seven simple steps to making a Will:**

- ➔ Make a list of what you have to leave
- ➔ Think about who you want to remember in your Will
- ➔ Ask at least one person you trust to be an executor
- ➔ Talk to a solicitor and ask about inheritance tax if relevant
- ➔ Update your Will if your life or decisions have changed
- ➔ Keep your Will safe and tell your executors where it is
- ➔ Tell your family that you have included RCET: Scotland's Armed Forces Children's Charity in your Will.



# EDUCATION PROGRAMME CASE STUDY

**A past gift in a Will enabled RCET: Scotland's Armed Forces Children's Charity to launch our Education Programme in 2006.**

Since 2006, we have supported thousands of young people across Scotland, to get improved practical and emotional support in schools to cope with the unique challenges that they can face, being from an Armed Forces family.

***“Since training with RCET, I communicate on a better level with the children. I am more aware of their emotional needs and have more empathy for children who are displaying challenging behaviour. We've started a Deployment Club which gives children opportunities to share their feelings on mum or dad being away, as well as a countdown till they return. We also run an emotional check-in for children, which we do first thing in the morning.”***

Teacher

**Armed Forces children face the following challenges:**

- 1 They move on average at least **five times**, with some moving as many as **27 times** throughout their school career across curriculums, and even countries
- 2 On top of ordinary pressures growing up, they also deal with the heightened stress, anxiety and added responsibilities caused by regular parental deployments, week-ending and transitions
- 3 They tell us that they struggle to get consistent support which affects their mental health, their confidence, ability to make friends and get the grades they have the potential of achieving.

Through our Education Programme we support professionals, through consultation with young people, to create better support to mitigate these barriers to reaching their full potential.

# WHAT TYPE OF GIFT SHOULD I LEAVE?

There is no right or wrong gift to give – any support that you can give will be gratefully put to good use supporting Armed Forces children and young people.

While we can't give you any financial advice on what type of gift you should leave, we can give you information on the types of gifts that you may be able to leave in your Will.

- 1 A Residuary Gift:** This is a share, or the total sum of whatever is left after all your other gifts have been made, and any debts settled
- 2 A Pecuniary Gift:** This is a fixed sum of money that you have decided when creating your Will. It is important to review these gifts from time to time to make sure they have not been affected by inflation so that when you do die, the gift that you wished to make still stands
- 3 A Specific Gift:** This is a specific named item left as a gift in your will for example a property, shares or a piece of jewellery
- 4 Contingent:** A gift in your will that is dependent upon the occurrence of an event which may or may not happen. For example, a gift to a charity which applies only if other beneficiaries named in your Will die, before you die.

## How to get help with making or changing your Will

If you are ready to start preparing your Will, we would always recommend using a qualified professional to help you. They will make sure that your wishes are clear and everything is legal. They can also advise you on any inheritance tax implications.

**To find a solicitor that can support you, please visit:**

[www.lawscoot.org.uk/find-a-solicitor](http://www.lawscoot.org.uk/find-a-solicitor)



**RCET: Scotland's Armed Forces Children's Charity work in partnership with McClure's Solicitors to provide Free Wills to any of our supporters, regardless of whether you choose to give a gift to RCET in your Will. To find out more about this partnership please turn to page 7.**

# YOUR GIFT CAN CARE FOR VETERAN FAMILIES

**You can help us provide financial, practical and emotional support as veteran families make the transition back into civilian life.**

A Gift in Will can give us the flexibility to continue our current work, while also giving us the opportunity to invest in new services as the need arises. Such as our Crisis Intervention Service, launched in 2018 in response to the number of veteran families struggling with a range of real challenges affecting their ability to live day-to-day.

Children like Cassie, whose mother took her own life when she was 10, and by 17, her dad, an RAF veteran, had passed away too. A child herself, she was left to raise her three younger

siblings, two of whom have additional support needs. Cassie had to leave her own studies at college where she was training to be hairdresser in order to care for her siblings and provide for her family. The house that they all live in is overcrowded, and Cassie sleeps on the couch where her father spent his last days.

We supported Cassie and her family with a Crisis Intervention Grant which they were able to use to purchase beds to ensure they each had their own. We also provided the siblings with a much needed respite break to come together as a family while vital work was carried out on their house, bringing it up to the standard required for them to live there.





# THANK YOU

Thank you for considering leaving us a gift in your Will. At the heart of all of our services is our commitment to listening to, and acting upon the experiences of Armed Forces children and young people.

Through our Youth Participation Programme we support Armed Forces young people to gain the skills and confidence to make positive changes to their own lives, and for future generations of Armed Forces children and young people. But we can't do it without your help.

Your gift will help us to achieve our mission that every Armed Forces child in Scotland is supported to thrive, and reach their full potential. Here's how current gifts in Wills have helped us to change the lives of Armed Forces young people involved in our Participation Programme.

## **Your gift changes children's lives from:**

*"No matter if you have friends or not you feel like you can't talk about being in a military family as no-one will understand. I've got to the point where I just don't try to make friends anymore."*

## **To:**

*"I had such an amazing time over the last couple of days at the RCET Youth Participation Residential. I've made so many new friends and built up my confidence and even got to learn some new stuff about media. It was so fun and if I got the chance to go again I would!"*

**So from all of us at RCET and from all of the young people we support through all of our services - thank you. Your gift can, and will help us to transform lives.**

# YOUR WILL, ON US

We completely understand that your family and loved ones should always come first. However, once they are taken care of we would be extremely grateful if you would consider including a gift to support Armed Forces children to THRIVE now, and in the future.

## What to do next:

- Notify RCET about your intention to make a legacy donation using the form at the back of this booklet.
- Instruct your solicitor to make up your Will, or use our Free Will Service with partners McClure Solicitors by contacting them on 0800 852 1999.
- If you already have a Will you can amend it with your current solicitor, or use our Free Will Review service with McClure Solicitors on the contact phone number above.



# HOW TO LET US KNOW YOUR THOUGHTS

If you are considering leaving a gift in your Will to RCET and would like to let us know, please fill in this form and return. Any information given will be held in the strictest confidence. Thank you.

Please tick one:

- I have left a gift in my Will to RCET
- I am going to leave a gift in my Will to RCET
- This way of giving is not for me

Please use this space to tell us a little more about your reasons for doing this.

Name:

Address:

Postcode:

Tel:

Email: